








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Start the month off with a game of follow the leader. Move around your house in different ways as someone copies your movements.					Turn on some music and take turns choosing a way to move.	
3 Happy Birthday Ethan	4 Happy Birthday Ms. Wajiha	5 Happy Birthday Skylar	6 Happy Birthday Jayceon	7 	8 Happy Birthday Adrienne	9  Happy Birthday Creed and Emma
10 	11 Happy Birthday Archer	12 Be a superhero! Think about all of your favorite superheroes and then spend some time moving just like they would.	13 Happy Birthday Lucas	14 Happy Birthday Santiago and Tenley	15 Happy Birthday Sebastian	16 Happy Birthday Hannah
17 	18 Animal Action Fun. One person says the name of an animal and the other person has to move around the house like that animal would.	19	20 Happy Birthday Bryson	21 Happy Birthday Abigail	22	23 Happy Birthday Bryson
24/31 Happy Birthday Carter and Evan	25 	26	27	28 Pretend to have a beach party. Turn on some beach music and dance. Pretend to surf and swim as you move your body.	29 Happy Birthday Ms. Sharon	30