



Viera Children's
Academy

March 2024



Preschool Newsletter

Dear Parents,

Some of the highlights for this month are Celebrating Dr Seuss' Birthday and St. Patrick's Day. Dr Seuss was one of the greatest authors of all time especially for children. His books are entertaining, educational, and very enjoyable. He introduces the children to rhyming, has wonderful unique illustrations and always has a moral to discuss in the story. We have a week of 'wacky' activities planned to mark his Birthday. March is National Nutrition Month, and we will incorporate activities to highlight the importance of healthy eating.

We are also planning to become horticulturists and cultivate our class garden. This is an opportunity for the children to connect with nature, take care of living things with hands on interactive work and discovery. Gardening benefits young children in most areas of development including...

Math - counting, sorting, classification and measurement.

Science - life cycles, observations, insects and worms etc

Physical - digging and planting which promotes hand-eye coordination and the pincer grasp, some prewriting skills.

Language - new vocabulary, letter recognition and reading labels and instructions.

Social/Emotional - responsibility, consequences, curiosity and patience!

The children will work as a team, doing something real, working through a process - beginning, middle and end while enjoying both the process and product.

Many Thanks

~Preschool Team

NATIONAL NUTRITION MONTH



National Nutrition Month® is an annual campaign created 50 years ago in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

For more information about way to fuel your family's future with good nutritional habits, please visit <https://www.eatright.org/national-nutrition-month-2023>.

Monthly Theme

Week 1: Celebrating Dr Seuss

Week 2: Forest Animals

Week 3: Under the Sea

Week 4: Letters of the Alphabet

Concept: Sounds and Syllables **Letters:** B, R, S

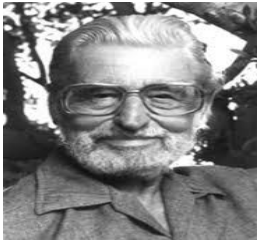
Color: Green /Verde

Shape: Diamond (shamrock) **Numbers:** 15 & 16

JUST A REMINDER

- We are a PEANUT-FREE school.
- Label ALL your child's belonging. This includes but is not limited to diapers, bottles, cups, clothing, sheets, etc.

Happy Birthday Dr. Seuss



Theodor Seuss Geisel was an American children's author, political cartoonist, illustrator, poet, animator, screenwriter, and filmmaker. He is known for his work writing and illustrating more than 60 books under the pen name Doctor Seuss.

Upcoming Events

3/2~ Dr. Seuss Birthday

3/10~ Daylight Savings Day Starts

3/12 ~Picture Day (Children are in uniform)

3/17 St. Patrick's Day

Teacher Communication

If there is ever anything you would like to discuss with your child's teacher, please feel free to contact them at your convenience through the ProCare Connect app.

