








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Start the month off with a game of follow the leader. Move around your house in different ways as someone copies your movements.</p>		 <p>1</p>	<p>2</p>	<p>3</p> <p>Work on your tossing and catching skills with someone. Toss it right to their hands.</p>	 <p>4</p>	<p>5</p>
 <p>6</p>	<p>7</p>	<p>8</p>	<p>9</p> <p>Happy Birthday Braxton</p>	<p>10</p>	<p>11</p> <p>Happy Birthday Derrick & Xavier</p>	<p>12</p> <p>Turn on some music and take turns choosing a way to move.</p>
 <p>13</p>	<p>14</p> <p>Happy Birthday Santiago & Tenley</p>	<p>15</p> <p>Happy Birthday Matthew</p>	<p>16</p>	 <p>17</p>	<p>18</p> <p>Be a superhero! Think about all of your favorite superheroes and then spend some time moving just like they would.</p>	 <p>19</p>
<p>20</p> <p>Happy Birthday Thomas</p>	 <p>21</p>	<p>22</p>	<p>23</p> <p>Animal Action Fun. One person says the name of an animal and the other person has to move around the house like that animal would.</p>	<p>24</p>	<p>25</p> <p>Happy Birthday Jett</p>	<p>26</p> <p>Happy Birthday Mateo</p>
<p>27</p>	<p>28</p> <p>Happy Birthday Ava</p>	<p>29</p>	 <p>30</p>	<p>31</p> <p>Pretend to have a beach party. Turn on some beach music and dance. Pretend to surf and swim as you move your body.</p>		