



Viera Children's
Academy

August 2022



Tots Newsletter

WELCOME BACK TO SCHOOL

Hello everyone and welcome back to Viera Children's Academy. We are excited to have our returning students back as well as our new friends who are just joining us this school year. We have waited for this moment all summer long to welcome everyone back to school. Now it is time to get back into our school routine. This month, the VCA team has planned lessons that involved our monthly theme of Learning about Ourselves and Others. The children will get familiar with each other by telling the class about themselves as well as hands on interactive activities that fosters learning through play. We are excited and we hope you are too. Welcome everyone!

"The littlest feet make the biggest footprints in your hearts!"

PREPARING FOR THE FIRST DAYS OF SCHOOLS

Going off to preschool is an important milestone for both you and your child. It may be her first step away from home or a transition to a new setting and friends. At the 4 and 5-year-old stages of development, "change" can bring a multitude of feelings and thoughts. Some children accept and enjoy change more than others. But it's not unusual for even the most "experienced" child to need some extra attention during the first days and weeks of school.

Here are a few simple steps you can take along the road to a great new year!

1. Visit the school or classroom before the first day.
2. Read good books about starting school. Literature is a great way to prompt a discussion about going off to school.
3. Talk to your child about his feelings about school, friends, teachers, and new activities
4. Practice, practice, practice! Learning how to get ready each morning for the trip to school takes time and practice.
5. Rehearse self-help skills such as dressing, undressing, and hand-washing. Your child will feel more confident when she's asked to do these things at school.
6. Make a portable family album. The process of making a photo album together is a bonding and comforting project.
7. Ask your child what kind of snack she wants to bring.

Go school shopping? Back-to-school clothes and items are popular with little kids

Monthly Theme

Theme of the Month: Learning about Ourselves and Others

Concept of the Month: Routines, Finger Play

Color of the Month: Yellow-Amarillo

Shape of the Month: Square

Letter of the Month: L, T, F

Numbers of the Month: 1

JUST A REMINDER

- We are a PEANUT-FREE school.
- Label ALL your child's belonging. This includes but is not limited to diapers, bottles, cups, clothing, sheets, etc.

Upcoming Events

August 1st, 2022- VCA CLOSED
August 2nd, 2022- FIRST DAY OF SCHOOL

Preparing for Preschool

Preparing for preschool can be an adjustment for everyone; new teacher, new classroom, and different classroom routines. With continuous support from both parents and teacher, the transition can go pretty smooth. Parents.com has many resources that can help with the preparation of preschool for both parent and child. The link below has tips on what your child should know before entering preschool to easing preschool jitters. So, check it out. The toddler teacher team believes that this information on the Parent.com website will be beneficial to all parents.

<http://www.parents.com/toddlers-preschoolers/starting-preschool/preparing/>

Teacher Communication

If there is ever anything you would like to discuss with your child's teacher, please feel free to contact them at your convenience. Your child's teacher can be reached through your ProCare Connect app.