



## Preschool Newsletter

### WELCOME BACK TO VCA

Dear Parents,

It gives us great pleasure to welcome you all to the preschool classrooms where you can count on us to ensure that your child will be safe, enjoy learning, working, interacting and competing with their peers. We will work hard to further develop their confidence so that they will mature in self-control, self-help skills, problem-solving, independence, communication, building relationships as well as academic skills.

This month's theme focuses on autonomy and accountability. The children will discover that they are individuals but also part of a team in the classroom. The team's success depends on their sense of responsibility both in their behavior and actions. We look forward to an awesome school year!

- Ms. Karen, and Ms. Aspen

*"The littlest feet make the biggest footprints in your hearts!"*

### PREPARING FOR PRESCHOOL

Starting preschool is a big milestone for both your child and you. Learning to spend time apart can be a difficult transition, but beginning the formal learning journey is exciting too. Here are some tips to help make the transition to preschool a smooth one.

#### 1. Make new friends

If possible, arrange a playdate with children from your child's class. This will allow them to get to know each other before school starts.

#### 2. Play school together at home

Use pretend play to help your child get used to the idea of preschool. Take turns acting out different routines like story time, singing songs and nap time. You can also switch up the roles and let your child be the teacher. This will help your child think of school as a fun place and reduce anxiety on day one.

#### 3. Create a new routine

Start practicing the new bedtime and wake-up time your child will need for preschool several weeks before school starts - pick a bedtime that will provide a good night's rest and a wake-up time early enough so neither of you have to rush in the morning. This will give both of you time to adjust. If you are able, you could even start a new tradition of picking out clothes together the night before school and eating breakfast together in the morning.



## Monthly Theme

**Theme of the Month:** Learning about Ourselves and Others

**Concept of the Month:** Routines, Finger Play

**Color of the Month:** Yellow-Amarillo

**Shape of the Month:** Square

**Letter of the Month:** L, T, F

**Numbers of the Month:** 1,2

## JUST A REMINDER

- We are a PEANUT-FREE school.
- Label ALL your child's belonging. This includes but is not limited to diapers, bottles, cups, clothing, sheets, etc.
- **Please bring some family photos including pets to hang in the classroom. This gives the children a home/school connection and they love to show you off to their classroom friends.**

## Upcoming Events

August 1<sup>st</sup>  
August 2<sup>nd</sup>

VCA Closed  
First Day of Preschool

## *Preschool Homework*

This year we introduce the concept of Homework. It is very simple at first, should be no more than 10 minutes and is all about the process not the product. Homework connects and reinforces the practices in the classroom to home so that you can support and be informed of your child's activities. Your child will greatly benefit academically from this routine, be ready for VPK and enjoy 'working' one to one with their parent. The homework is Monday through Thursday and is posted on the Children's Academy website under "programs". Please bring the homework to the classroom so that we can acknowledge, exhibit, and praise your child's effort.

Big welcome to all the Giraffes and Sandhill Cranes!

## *Teacher Communication*

If there is ever anything you would like to discuss with your child's teacher, please feel free to contact them at your convenience through the ProCare app.